

HOW TO WEAR A FACE COVERING

SAFELY AND EFFECTIVELY



YOUR FACE COVERING SHOULD:

- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape

TYPES OF FACE COVERINGS



Mask



Cloth



Bandana

Step 1 — SECURE

Remember to wash your hands before putting on a face covering. Secure it by tightening ear loops or ties. Wash your hands afterward.

Step 2 — WEAR

Avoid touching your eyes or the surface of your face covering while wearing it. Always wear in common areas.

Step 3 — REMOVE

When removing your face covering, avoid touching the surface and your eyes, nose and mouth.

Step 4 — WASH

Wash your hands immediately upon removing your face covering, which should be washed frequently.

**UF Health Screen, Test & Protect.
Screen. Test. Protect.**

Learn more at [Coronavirus.UFHealth.org](https://coronavirus.ufhealth.org)